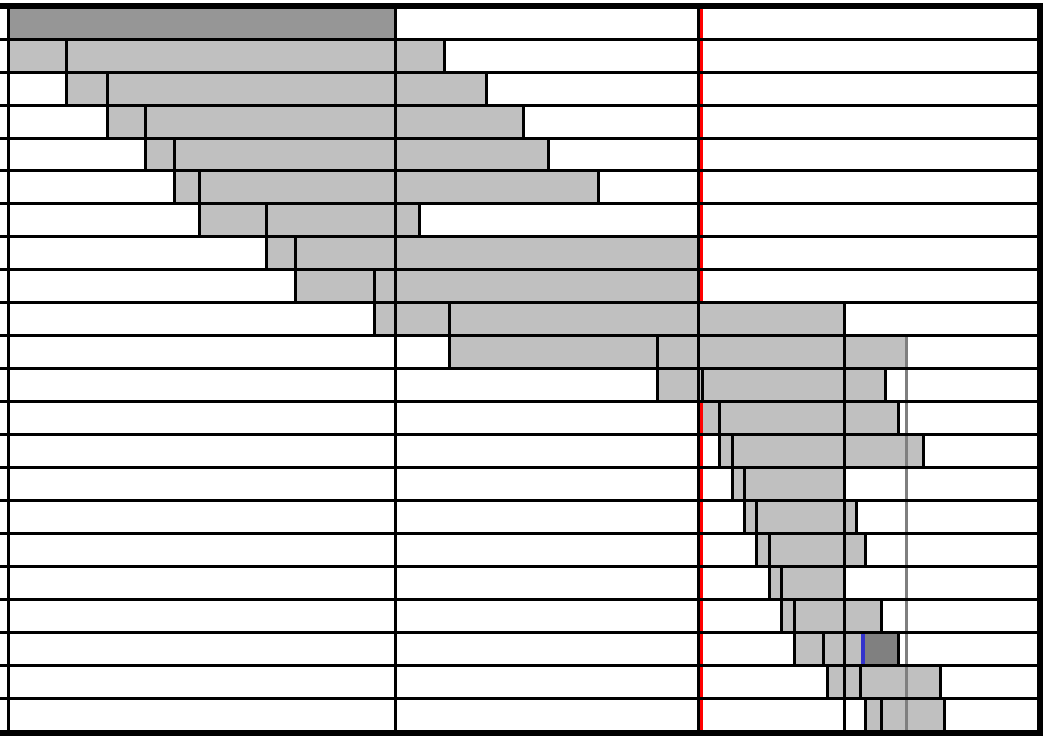
The Generations of Genesis

Adam	930	130		
Seth	912	105	130	
Enosh	905	90	235	
Cainan	910	70	325	
Mahalelel	895	65	395	
Jared	962	162	460	
Enoch	365	65	622	
Methusaleh	969	187	687	
Lamech	777	182	874	
Noah	950	500	1056	
Shem	600	100	1558	
Arphaxad	438	35	1658	
Selah	433	30	1693	
Eber	464	34	1727	
Peleg	239	30	1757	
Reu	239	32	1787	
Serug	230	30	1819	
Nahor	148	29	1849	
Terah	205	130	1878	
Abraham	175	100	2008	
Isaac	180	60	2108	
Jacob	147		2168